

Detoxification Phases

Keys to Optimal Health

Dr. Peter Kan, DC, DACNB, FAAIM, CFMP

Intended Use Statement

The information contained in this document is for general information purposes only and solely the opinion of the author. The information should not be construed or intended as providing personalized medical advice, and does not diagnose, treat or prevent any medical conditions.

The information contained in this document does not replace seeing a qualified healthcare professional, or replace any medical treatment or medications.

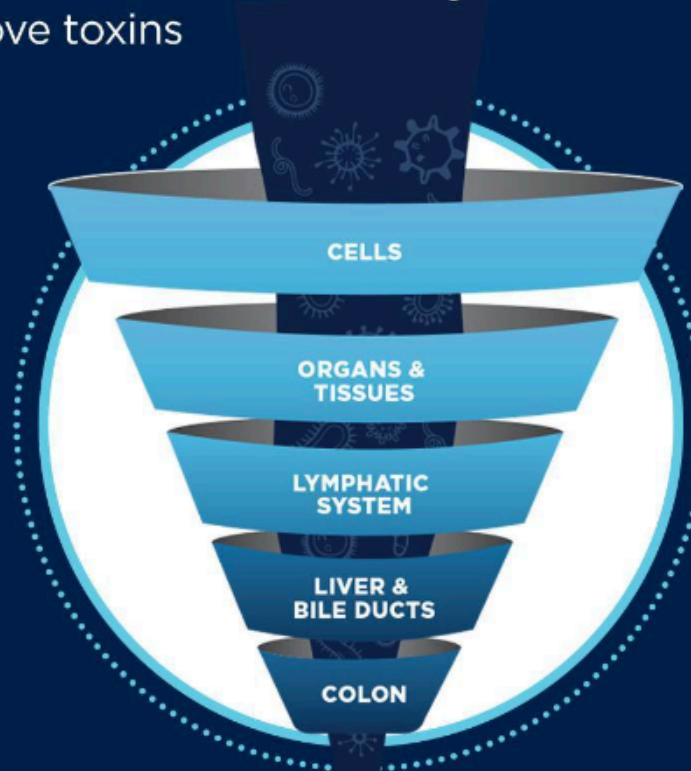
It is to the discretion and judgment and the sole responsibility of the reader of the information to determine if products and recommendations described are appropriate for the reader.

By you reading this, you are acknowledging you have read this statement and intend to use this information as described.

Drainage Funnel



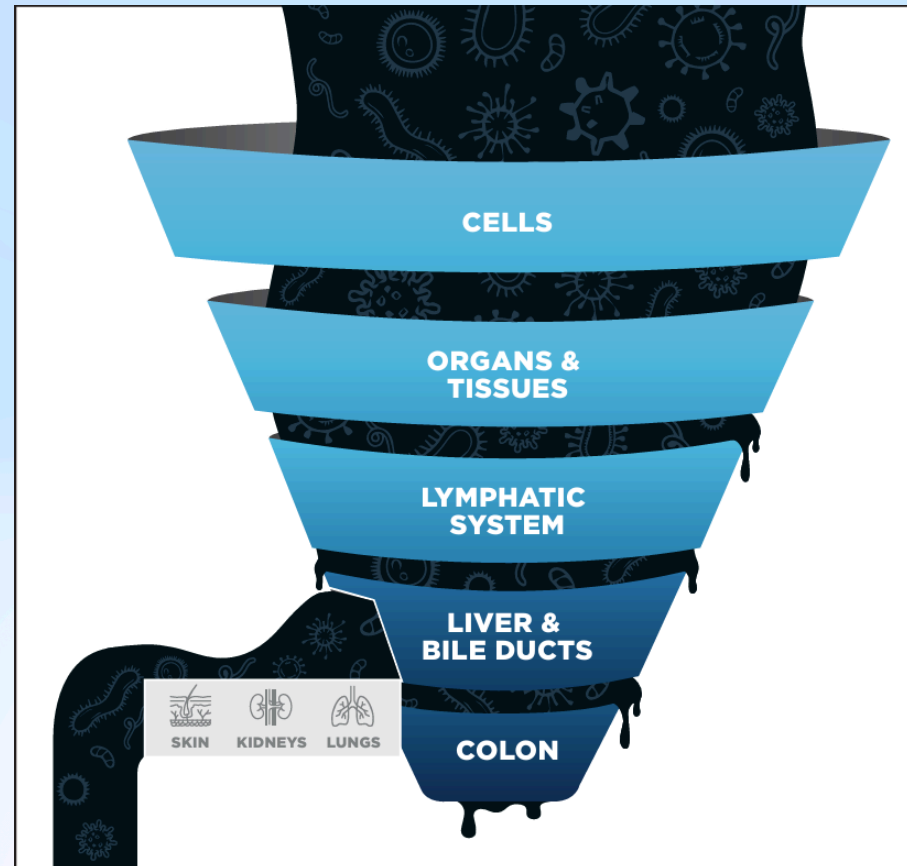
The order in which the body moves fluids to remove toxins



When the drainage funnel is not open, there is an emergency release valve that will open.

Instead of pushing toxins out through the bile and fecal route, it will recirculate into the blood.

These toxins will then exit through the skin, kidney, and lungs.



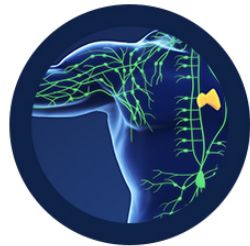
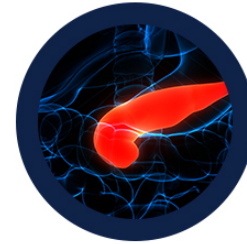


COLON

Having 2-3 bowel movements a day

LIVER & BILE DUCTS

Supporting the liver's ability to filter toxins

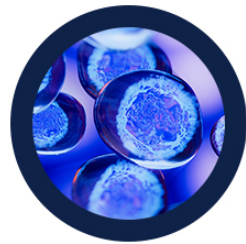
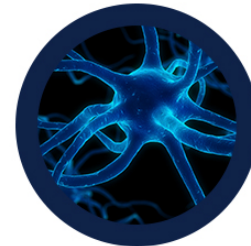


LYMPHATIC SYSTEM

Optimizing the lymphatic system of each organ for proper movement

ORGANS & TISSUES

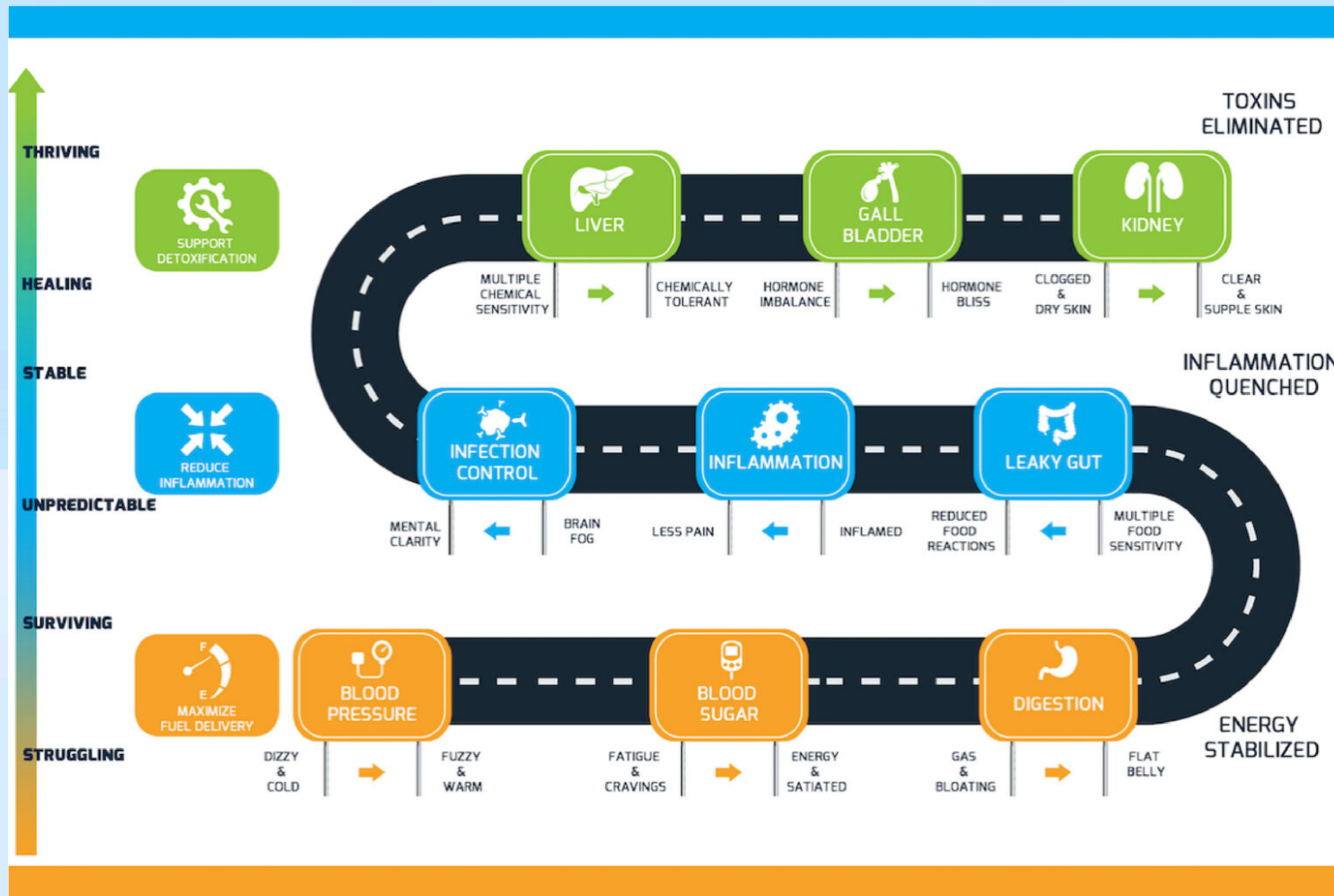
Adequate sleep for drainage of the lymphatic system



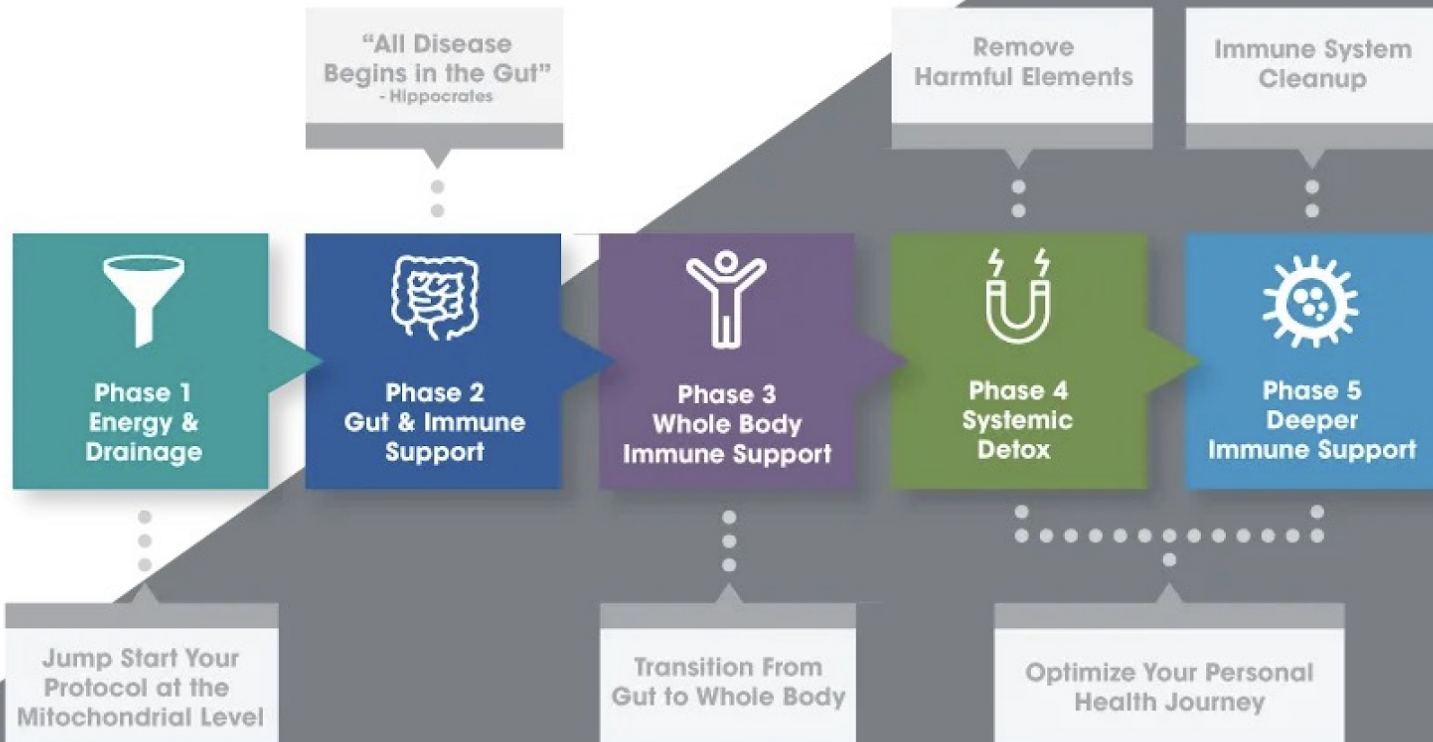
CELLS

Supporting mitochondrial function that has been impacted by toxin exposure

NeuroMetabolic Roadmap



YOUR ROADMAP TO HEALTH



© 2019, 2020 CellCoreBiosciences. All Rights Reserved.



Phase 1: Energy and Drainage

- **CT Minerals** - cofactors for detox support - 2 caps 2x/day
- **BC-ATP** - support mitochondria, energy, and detox - 2 caps 2x/day
- **Biotoxin Binder** - support detox of biotoxins - 2 caps 2x/day
- **KL Support** - support kidney and liver detox - 2 caps 2x/day



Phase 2: Gut & Immune Support

- **Para 1** - support detox of parasites, mucoid plaque, biofilm - 2 caps 2x/day upon waking and at bedtime
- **Para 2** - support parasite cleansing - 2 caps 2x/day upon waking and at bedtime
- **Biotoxin Binder** - support detox of biotoxins - 2 caps 2x/day
- **BC-ATP** - support mitochondria, energy, and detox - 2caps 2x/day
- **Advanced TUDCA** - support liver, gallbladder and bile flow - 1 cap 2x/day



Phase 3: Whole Body Immune Support

- **CT Minerals** - cofactors for detox support - 2 caps 2x/day
- **BC-ATP** - support mitochondria, energy, and detox - 2caps 2x/day
- **Para 1** - support detox of parasites, mucoid plaque, biofilm - 2 caps 2x/day upon waking and at bedtime
- **Para 3** - deeper immune support - 10 drops 2x/day
- **ViRadChem Binder** - overall toxin support - 2 caps 2x/day
- **LymphActiv** - support lymphatic drainage - 2 caps 2x/day



Step 4: Systemic Detox



- **BC-ATP** - support mitochondria, energy, and detox - 2 caps 2x/day
- **LymphActiv** - support lymphatic drainage - 1 cap 2x/day
- **HM-ET Binder** - support heavy metal and environmental toxin detox - 1 cap 2x/day
- **Para 4** - systemic broad spectrum antimicrobial support - 2 caps 2x/day upon waking and at bedtime
- **Symbiome Plus** - broad spectrum probiotic with bacteriophage as prebiotic and support microbiome - 1 cap 2x/day

Recommended Use

- You may take all supplements, including the Cellcore binders, with or without food, except when indicated.
- Take any medications at least 1 hour away from the Cellcore supplements.
- If you are sensitive to supplements, introduce 1 product at a time for 2-3 days. If tolerate well, add another product.
- You can add the product in the order listed from top to bottom as listed in the previous slides.

Optional Supportive Products

- If you are not having at least 2 bowel movements per day, consider adding Bowel Mover to support bowel regularity.
- Take 1-2 caps at bed time. May increase dosage to 2 caps 3x/day until you reach desired bowel consistency and regularity



Optional Supportive Products

- Add Acetyl Glutathione Pro if have history of detox reactions or autoimmune
- Supports antioxidant status, immune function, and autoimmune modulation
- Take 2 caps 2x/day
- Can be taken at the same time as the rest of the Cellcore products.



Optional Supportive Products

- Add Turmero Potency if have history of detox reactions or currently have symptoms of inflammation
- Supports and modulates healthy inflammatory response
- Take 2 caps 2x/day
- Can be taken at the same time as the rest of the Cellcore products.



Recommended Use

- If still sensitive, find tolerance level starting at one cap, or even break the capsule and start with 1/2 to 1/4 of a capsule.
- If still sensitive, taking one cap every 1-2 days .
- As you improve and tolerate better, gradually work your way up to the recommended dosage.

Which phase to start?

Never done detox before, and you are sensitive - start phase 1

Never done detox before and not sensitive, have gut symptoms - start phase 2

Never done detox before and not sensitive, no gut symptoms - start phase 3

Done phase 2 before but still have gut symptoms - start phase 3

Done detox before, still have other symptoms - start phase 4

How long for each phase?

Do each phase for 1-2 months and move on to the next phase.

Re-evaluate after each phase:

- Has the main complaint (s) changed or resolved?
- What are the current problematic areas?
- If you are working with a practitioner and has previous lab tests, what do the re-evaluation tests show?

What's next?

- If any residual symptoms remain, there may be other steps on the NeuroMetabolic Roadmap that needs investigation and correction. You have 3 options:
- 1) You may re-visit any one of the phases and do it again for 1-2 months to see if further improvement can be extracted.
- 2) Enroll in the NeuroMetabolic Integration Digital Program to learn how to use the roadmap to take care of yourself for the rest of your life.
- 3) Investigate the other steps of the NeuroMetabolic Roadmap in a one-on-one consultation program with Dr. Kan.

Order your Cellcore products:

<https://shop.askdrkan.com>. Shipping to U.S. and Canada

Discounts available for learners and clients in our digital program, or during sale promotions that are sent to our email list.

If you reside outside the U.S. and Canada, you can order directly from Cellcore using our Patient Direct code. We are not able to offer discounts through Cellcore Patient Direct.

Please visit:

<https://cellcore.com/pages/register-customer#>

Enter the Patient Direct code: 9AS7EG0C

Please note:

Our customer service team members are not doctors and are not able to answer any questions about how to use the supplements.

If you have questions about how to use the supplements beyond what is offered in this document, please schedule a consultation with Dr. Kan.

You can learn more about working with Dr. Kan at <https://askdrkan.com/get-started>